



Stand Your Ground!

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Stand Your Ground!

In our last article on 'manifestivities', here's part of what we wrote:

[...] once you make the conscious decision that you want to break out and bring about a transformation and change your life, the experiences you attract are tailored to break down those energetic walls around you that block your vision.

As soon as the walls of limitation tumble down, more of your natural 'awareness' can flow through you, and your 'reality' will start to change as your programmed perceptions are rewritten.

An important part of this process is to listen to your intuition instead of just rationalizing everything based on your conditioned beliefs. There's this 'intuitively knowing' voice inside of you that knows what's right for you in general, rather than what you might rationally think is right for you at the time.

This is something we've been talking about in previous articles...

True enough, the process of 'transformation' will bring challenges. But if you stick with your intuition through all of these experiences (nice and less pleasant), after a while your life changes BECAUSE OF what you've experienced going through these challenges, NOT DESPITE OF it.

This is a profound realization, and this will also be something we'll get into in our next article.

But many people give up entirely, degrading this whole concept of 'attraction' as mumbo-jumbo the moment the going gets a little tough.

"This wasn't what I wanted to attract! This doesn't work!"

Well, actually it does. You're attracting the very experiences designed to break through whatever is keeping you from experiencing your desired reality.

As you read, we promised to expand on this in a new article, so here it is!

You know, the process of transformation as described above doesn't happen like this for everyone.

We get different messages all the time, where for one person life changes radically practically overnight (and in ways in which they're suddenly living their dream), while for another things seem to go exactly the opposite way as they envisioned when they engaged in their 'attraction efforts'.

But it's the latter that can be a tough one to swallow, especially if you're not aware of the mechanism at work. And it happens like this for a lot of people.

And I'm speaking from personal experience here.

The thing is that when you wake up from the 'programming' inside of you that's been keeping you small, and you consciously state the intention that you want to reclaim your power and make the change in your life that you desire, what happens is that (as we call it) "your egg begins to crack".

Your life changes... often even seems to 'fall apart'... And you wonder why you're going through such challenges when you just want to 'be spiritual'.

It's the 'being spiritual' that most people associate with the images of 'birds flying', 'flowers blossoming', and so on. There are also 'gurus' on the Internet who put a significant material label on the process, in the form of 'attracting new cars' and Ferraris magically popping up in your life, like that's the ultimate confirmation of personal power.

I'm not judging this, as everyone's free to decide for themselves what their definition of 'being successful' is.

However, the thing that you'll experience is that the material 'payoffs' come only once you've cracked through the energetic concrete that may have been holding you back from experiencing your true desires in the first place.

And that's the crux. We're all projecting a vibrational field that reflects our current mental, emotional and spiritual state. And this belief system dictates which energy fields within 'all that exists' (<-- the "Universe") our consciousness decides to ignore or to 'read' (and thus manifest).

It's like our consciousness chooses which track to play on a 'universal DVD' and makes that one visible. And the choice which track to play is based on what we currently believe and think/feel of ourselves.

It's a similar process to the way we seem to create reality as illustrated by the story of Tom and Laura in an earlier article of ours, found [here](#).

I've been through this myself. Once you make the conscious decision to change and thus change your life experience, you make the decision to change in a total way.

It's not like you can change just a bit, so you can attract that Ferrari or something while everything else in your life stays the same... so others will look up to you, and you get an artificial confirmation from others that you're now 'successful' and 'powerful'.

It's not like that at all! Not least because that particular example would mean you're still looking for confirmation by others of your alleged 'success'. (See Part 1 and Part 2 of our articles on 'success')

No, you either change in a total way, or you don't change at all. It's like being pregnant. You can't be a bit pregnant. It's not a continuum. You're either pregnant, or you're not.

Similarly, when it comes to a process like this, you either change totally, or you don't. That's the way it works. It's not a matter of small changes, of a little thing here, a little thing there. It's a matter of turning yourself inside out!

(Again, I'm speaking from experience here...)

For me, it's been like plowing snow for a while, to make way for a new 'reality' (i.e. another track on the Universal DVD).

Except that metaphor doesn't really convey how it felt for me going through this process. I really had to... how shall I put this? To a certain extent... I suppose... let's say I had to do an awful lot to break free.

But to give a more accurate impression of how it really felt... obviously at the risk of people commenting again on the choice of words...

I had to really shovel some shit!

Evidently, it wasn't always pleasant. Still, 'shoveling my shit' was the greatest liberation I ever felt. And my life has transformed magnificently.

You know, we create our reality based on what we believe, consciously and unconsciously.

What I've learned in the process, is that we may appear to believe something on a conscious level. But that's often a front to hide what's really going on subconsciously.

For example, you can see this with apparently highly confident people who are really consumed by severe self-doubt just below the conscious threshold.

The way what people call the 'Law of Attraction' works, is that energy (your energy) attracts energy of similar vibration. You attract these energies in the form of people, places, jobs, relationships, experiences, etc.

Once you awaken from your programming, the 'energy matrix' that you've been calling 'your life' begins to break down and change.

As a consequence, this must reflect itself in your 'outer' world of people, places, jobs, relationships and experiences. After all, the 'outer' is a reflection of the 'inner', and must and cannot do anything else but follow changes in the 'inner'.

We experience this as the life we knew 'breaking down'. But what you're really doing is BREAKING THROUGH to a new reality and thus to a new life experience. Your energy changes, which means that the people, jobs, places, experiences and relationships you 'attract' change as a consequence.

Turning yourself inside out can be different for everyone. After all, we all have our own issues locked up inside. So for some the process can be heavier, scarier, more unpleasant than for others.

But the mechanism is still the same. You have to change what you do, what you *are*, to change what you *get*. And what you attract is tailored to what you need, in order to experience whatever you want to experience.

And in most cases, that includes experiences that'll help you 'shovel your shit'... if you're up for it.

Obviously, this transformation can be extremely challenging. After all, oftentimes needing to shovel your own shit isn't even all... You're also pressured to 'stay in the box'... You know, the box that everyone's used to (a.k.a. programmed to accept).

For example, those around you can be ruthless in their use of some sort of 'emotional blackmail' to stop you from expressing who you feel you truly are inside.

Parents and friends can be extremely cruel. And they're often not even doing this consciously. It's just that apparently the change you're bringing about in *their* programmed reality can be quite confronting.

In the same way, we ourselves are often more concerned with what the neighbors, parents, boys at the bar, etc. think about what we do, rather than with pursuing with full dedication what we know makes our hearts sing.

Once again, I'm speaking from experience here. So many people don't pursue their dreams, simply because they're afraid of the reactions of other people.

But as we've written multiple times already, to break free, we must not succumb to this, and let our intuition be our guide.

True enough, awakening people may experience challenges like losing their jobs, and seeing their friends, relationships and acquaintances change.

But let me ask you this:

How can you free yourself from your programmed reality... the one you're somehow not satisfied with in the first place... without changing the very lifestyle that created that very programmed reality to begin with?

The trick is to trust in your intuition. And if you stick to it, you'll eventually begin to see where it's all leading you.

I've read this in a book once:

"True love does not always give the receiver what it would like to receive. But it will always give that which is best for it. So welcome everything you receive, whether you like it or not. Ponder on anything you do not like, and see if you can understand why it was necessary. Acceptance will then be very much easier."

What appears to be a problem can be a wonderful opportunity waiting to be discovered. Life often so brilliantly disguises our greatest gifts as our worst nightmare.

But as said, if you stand your ground, before you know it you'll notice your life has changed BECAUSE OF what you've experienced going through these challenges... NOT DESPITE OF.

The trick is to trust your intuition... to trust what you KNOW is right for you... And then stand your ground, give it your best shot, and give it everything you got.

That's right. Hang tough, and be confident in yourself. Trust who you truly are, and live that image with full self-esteem.

And you watch the brilliant mechanism of life helping you 'shovel your shit', crack your egg, and transform your energy and experience in order to live you dream.

You'll be glad you did.

It's like the Greenday song goes:

*It's something unpredictable
But in the end it's right
I hope you had the time of your life.*

Final Words

So that's it for this article!

We hope this has been insightful and useful for you.

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